

Your Journey After the Hospital: How Post-Acute Care Can Help

Post-Acute Care Can:

- ✓ Support recovery after a health event, usually for a limited-time period
- ✓ Help restore function and improve your quality of life
- ✓ Provide therapy such as physical, occupational, and speech therapy
- ✓ Provide intravenous (IV) therapy such as antibiotics or fluid
- ✓ Provide wound care
- ✓ Provide services to address mental health or substance use disorder needs
- ✓ Provide education about disease management
- ✓ Provide comfort care, palliative care (care that focuses on providing relief from pain and other symptoms of a serious illness), or end-of-life care
- ✓ Be provided at home by community service professionals
- ✓ Be provided in outpatient clinics or doctors' offices
- ✓ Be provided at a facility such as a skilled nursing facility (SNF), nursing home, long-term acute care hospital, or inpatient rehabilitation facility
- ✓ Be provided through virtual telehealth appointments or other services using technology, including SNF-at-home or mobile integrated health



Learn more about your options:
PatientCareLink.org/AftertheHospital