

OVERVIEW OF POST-ACUTE CARE SERVICES

Post-acute care (PAC) includes a range of services to address your goals and needs. PAC services can be provided at home, in an outpatient setting in your local community like a doctor's office or hospital clinic, or at a facility for a short-term stay like a nursing home (see Figure 1). You should work with your provider to ensure that the care planning process meets the care goals that you and your family/caregiver have set and that they are addressed in a comprehensive way. The PAC planning process should also address any behavioral health needs you have for mental health and/or substance use disorder services. Always check with your health plan or insurance company to ensure that the services that you need are covered.

Figure 1. Post-acute care services

