

## OVERVIEW OF POST-ACUTE CARE SERVICES

Post-acute care (PAC) includes a range of services to address your goals and needs. PAC services can be provided at home, in an outpatient setting in your local community like a doctor's office or hospital clinic, or at a facility for a short-term stay like a nursing home. You should work with your provider to ensure that the care planning process meets the care goals that you and your family have set and that they are addressed in a comprehensive way. The PAC planning process should also address any behavioral health needs you have for mental health and/or substance use disorder services. Always check with your health plan or insurance company to ensure that the services that you need are covered.

**Figure 1. Post-acute care services**



**Learn more:**  
[PatientCareLink.org/AftertheHospital](https://PatientCareLink.org/AftertheHospital)