



How Can Post-Acute Care Help Me?



Post-Acute Care Can:

- ✓ Support recovery after a health event, usually for a limited-time period
- ✓ Help restore function and improve your quality of life
- ✓ Provide therapy such as physical or occupational therapy
- ✓ Provide services to address any mental health or substance use disorder needs
- ✓ Provide comfort care, palliative care (care that focuses on providing relief from pain and other symptoms of a serious illness), or end-of-life care
- ✓ Be provided at home by home health providers
- ✓ Be provided in outpatient clinics or doctors' offices
- ✓ Be provided at a facility such as a skilled nursing facility (SNF) or nursing home
- ✓ Be provided through virtual, telehealth appointments

Learn more:

PatientCareLink.org/AftertheHospital