

# Hospital Acquired Pressure Ulcer (HAPU) Top Ten Checklist

TOP TEN EVIDENCE BASED INTERVENTIONS				
PROCESS CHANGE	IN PLACE	NOT DONE	WILL ADOPT	NOTES (RESPONSIBLE AND BY WHEN?)
Implement head-to-toe skin evaluation and risk assessment tool - assess the skin and risks within 4 hour of admission, risk and skin assessment should be age appropriate.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Based on skin and risk assessment develop and implement an individualized plan of care.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Assess skin and risk at least daily and incorporated into other routine assessment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Involve licensed and unlicensed staff such as nurse aides in HAPU reduction efforts - such has rounding with a purpose. The nurse aids can assist in skin inspection, checking to ensure prevention strategies are in place, and check medical devices are not causing skin harm.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Set specific timeframes or create reminder systems to reposition - such as hourly or every two hour rounding with a purpose (the 3 P's - pain, potty, position-pressure). This aligns nicely with Fall prevention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Avoid skin wetness by protecting and moisturized as needed - use of under-pads that provide a quick-drying surface and wick moisture away, use topical agents that hydrate the skin and form a moisture barrier to reduce skin damage.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Use special beds, mattresses, and foam wedges to redistribute pressure (pillows should only be used for limbs).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Monitor weight, nutrition, and hydration status - for high risk patients generate an automatic Registered Dietician consult.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Operating room tables should be covered by special overlay mattresses for long cases (greater than 4 hours - some hospitals choose cases greater than 2 hours) and high risk patients.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Use breathable glide sheets and or lifting devices to prevent shear and friction.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

